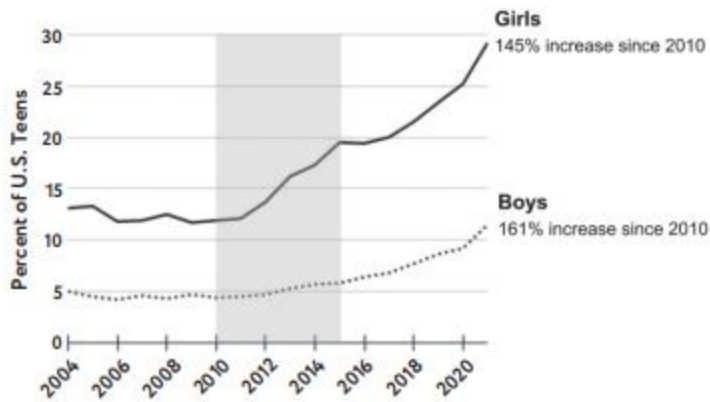


## Major Depression Among Teens



**Figure 1.1.** Percent of U.S. teens (ages 12–17) who had at least one major depressive episode in the past year, by self-report based on a symptom checklist. This was figure 7.1 in *The Coddling of the American Mind*, now updated with data beyond 2016. (Source: U.S. National Survey on Drug Use and Health.)<sup>3</sup>

Source: Jonathan Haidt, *The Anxious Generation*, Figure 1.1, page 24