

Grade Code	Abdominal						Aerobic				
	Boys			Girls			Boys			Girls	
	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ
04	34619	28095	81.15	33417	27245	81.53	29806	20756	69.64	28165	24541
05	34542	28317	81.98	32784	26843	81.88	33864	24301	71.76	32127	27021
06	33015	28281	85.66	31536	26574	84.27	32290	22383	69.32	30917	25218
07	32398	28013	86.47	31063	26431	85.09	31709	20917	65.97	30330	23111
08	31127	26938	86.54	28251	24443	86.52	30814	20761	67.38	28230	19916
09	33639	29857	88.76	30930	27197	87.93	32974	21839	66.23	30303	19925
10	31551	28153	89.23	29321	26060	88.88	30655	18051	58.88	28406	17465
11	4983	2658	53.34	1073	916	85.37	2826	1798	63.62	1045	434
12	1398	1237	88.48	512	431	84.18	1369	827	60.41	472	217
Total	237272	201549	84.94	218887	186140	85.04	226307	151633	67	209995	157848

Virginia Department Of Education

State Summary Report for the School year 2015 - 2016

	Upper Body Strength						Flexibility					
	Boys			Girls			Boys			Girls		
% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ
87.13	34562	25908	74.96	33294	22784	68.43	34649	27779	80.17	33371	28841	86.43
84.11	34431	25507	74.08	32672	22624	69.25	34504	27614	80.03	32872	28040	85.3
81.57	32979	24600	74.59	31437	22769	72.43	32938	26253	79.7	31555	26898	85.24
76.2	32270	23650	73.29	30872	22807	73.88	32307	26174	81.02	31095	27030	86.93
70.55	31305	22795	72.82	28339	21336	75.29	31084	25760	82.87	28332	24974	88.15
65.75	33542	24256	72.32	30839	23100	74.91	33698	29074	86.28	31053	26264	84.58
61.48	31319	22035	70.36	29154	22155	75.99	31629	27650	87.42	29578	24912	84.22
41.53	2863	2091	73.04	1090	785	72.02	2930	2540	86.69	1104	887	80.34
45.97	1447	1075	74.29	477	361	75.68	1462	1254	85.77	513	389	75.83
75.17	234718	171917	73.24	218174	158721	72.75	235201	194098	82.52	219473	188235	85.77

Trunk Lift						Body Composition (Optional)					
Boys			Girls			Boys			Girls		
Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ
29684	25004	84.23	28616	25247	88.23	4968	2817	56.7	4768	2830	59.35
29551	24067	81.44	28036	24380	86.96	4862	2715	55.84	4657	2727	58.56
29708	22621	76.14	26590	23019	86.57	5411	2895	53.5	5130	2987	58.23
27200	22434	82.48	25978	22738	87.53	5542	3098	55.9	5214	2879	55.22
25487	21326	83.67	23125	20594	89.06	5254	3013	57.35	4799	2658	55.39
27080	23606	87.17	24912	22587	90.67	4241	2466	58.15	3633	2125	58.49
25813	22771	88.22	24209	22229	91.82	3932	2378	60.48	3694	2215	59.96
3469	2222	64.05	936	825	88.14	349	196	56.16	264	158	59.85
1106	1001	90.51	391	343	87.72	253	139	54.94	140	84	60
199098	165052	82.9	182793	161962	88.6	34812	19717	56.64	32299	18663	57.78