



Introduction to NASM's Certified Personal Trainer Instructor's Course

Presented by The National Academy of Sports Medicine

For more than 20 years, the National Academy of Sports Medicine (NASM) has set the standard in certification, continuing education, solutions and tools for health and fitness, sports performance and sports medicine professionals. NASM has pioneered evidence-based health and fitness solutions that optimize physical performance and allow individuals to achieve a variety of fitness activity goals.

Today, NASM serves thousands worldwide and positively impacts the lives of millions of people the world over. As the world's foremost resource for health and fitness information, the organization continues to elevate its industry best practices by providing outstanding programs and quality certification courses for its members.

Course Outline and Learning Outcomes:

Participants will receive hands-on training with broad, comprehensive exposure to the NASM curriculum and textbook. They will be introduced to the Nationally Accredited Certification Exam preparation and process. Also, participants will understand the deliverables and process to receive and use instructional materials. Upon completion of this course instructors will be able to apply their knowledge and skills in the classroom for student success on the NASM CPT exam.

Who Should Attend:

Advanced Physical Education
Instructors
Exercise & Health-Science Instructors
Sports Medicine Instructors
Athletic Trainers
Principals
Directors
Instructional Supervisors

Resources Include:

Lab Manuals
Lesson Plans
Power-Point Presentations
Quiz Questions
Instructional Videos
Study Guides
Supplemental Instructional Resources
Exercise Library Video



Date: July 10 & 11, 2016

Time: 1:00pm- 5:00pm

Location:

James Madison University
Festival Conference Center
Harrisonburg, VA 22807

Date: July 25, 2016

Time: 8:00am- 4:00pm

Location:

Virginia Beach Resort
2800 Shore Drive
Virginia Beach, VA 23451



NASM Contact Information:

Brad Seiber

(602) 383-1202

Brad.Seiber@nasm.org

Zach Turvey

(602) 707-5338

Zachary.Turvey@nasm.org