

Virginia Annual Health and Safety Update Training



This **free** On Demand annual health and safety update training is a follow-up to the [Virginia Preservice Training for Child Care Staff course](#). This training course is **required** for all staff that work directly with children in a child care program (center-based and family day homes) that participates in the [Virginia Child Care Subsidy Program](#) (aka subsidy vendors). This training is to be taken annually, with the first update completed within one year after completing the Virginia Preservice Training for Child Care Staff.

ABOUT TRAINING

The Virginia Annual Health and Safety Update Training covers the following topics:

- ▶ Healthy Eating
- ▶ Physical Activity Promotion
- ▶ Immunization Recommendation Updates
- ▶ Cytomegalovirus and Norovirus
- ▶ Bed Bugs, Lice, Scabies, Fleas, Ticks, and Mosquito Management
- ▶ Adverse Childhood Experiences and Trauma Awareness
- ▶ Opioid Addiction and Epidemic

This training provides updated information on the basic health and safety requirements specified in federal law and should be completed within 1 year after you have taken the Virginia Preservice Training for Child Care Staff. VDOE Licensing Inspectors will require existing Subsidy Vendors, and their staff who work directly with children to have a certificate of completion for this training.

HOW TO ACCESS

Go to the Virginia Child Care website: www.ChildCareVA.com

1. Go to www.childcareva.com - Click on Training & Professional Development (under the Provider tab)
OR
2. Go to [Better Kid Care website](#) - You will be directed to Better Kid Care's On-Demand Web Lessons to create an account or to Sign-in. Once you have a BKC account, sign in, and select the **FREE** "Virginia Annual Health and Safety Training for Child Care Staff" at the bottom of the alphabetical listing.

Training is provided by the Virginia Department of Education, Division of Early Childhood Care and Education with Pennsylvania State University's Better Kid Care Program, in accordance with the federal Child Care and Development Fund from the U.S. Administration for Children and Families.